

# WEEK 2 ASSIGNMENT

- **Look at the infographic of all areas of your life - HOME. FAMILY, FINANCES, HEALTH, SOCIAL, WORK, PLEASURE**
- **Go through each 'HOUSE' if you will and write down what it is you want out of each. Be honest. Some of this will involve CLEARING OUT. Some of it will involve re-shuffling furniture. Some of it will involve a complete make-over. Some of it can get left alone as it's already how you want it**
- **And once you've got it all ready to go and you're clear on what it 'LOOKS LIKE' versus 'HOW IT COULD LOOK' then start to compare the 2 scenarios and ask yourself how can you realistically achieve that new outlook? That new lifestyle goal? That new dream scenario?**
- **It may seem out of reach to you because your current circumstances are blocking the path forwards but just remember to pause, take a breath and get some clarity so that your future vision forwards holds hope, faith, courage and trust**
- **YOU CAN ACHIEVE WHATEVER YOU WANT!**
- **GIVE YOURSELF PERMISSION TO ALLOW IT TO FLOW IN!**