

# **ASK YOURSELF.....**

- What childhood activities did I love?**
- What would I do if time and money weren't factors?**
- How do I want to be remembered?**
- What do others tell me I'm good at?**
- What problems do I want to solve?**
- What am I scared to try?**
- Where have I wanted to travel?**
- What career did I dream of as a child?**
- Where do my values lie?**
- What would I do if I couldn't fail?**
- What do I see others doing that I feel envious of?**
- What hobbies make me the happiest?**
- What if you didn't worry about what others thought of you?**
- When do I feel the most content?**
- What do I enjoy learning about?**
- What does my perfect day look like?**
- What topics am I naturally drawn to?**
- How do I most easily pass the time?**
- What has life taught me?**
- What would I regret not trying?**
- What do I daydream about?**
- Is anyone holding me back from my dreams?**
- What have my biggest disappointments been?**
- What do I admire in others?**
- If I could start over, what would I do differently?**