

MISSION STATEMENT – HUMANOLOGY HR 2025

Welcome to Humanology HR. Where our ethos is putting the human back in the resources

For too long now, HR has looked at ways that it can exploit people for company benefits. Ways to cost cut, profit increase and climb the ladder where the human has been the resource to achieve this but without really giving them anything back in return

We're seeing a total shift in dynamic now where HR are coming out from their corner cupboard at the far end of the long long corridor and are joining ranks with everyone else to start making some well needed changes within company framework and policy and it is now looking at how it can benefit the workforce, where everyone's voice matters and everyone's unique circumstances are valued

I'm Kat. I am a psychologist that has worked in the veterinary HR and research sector since 2014. I also work in a school environment with children that are put in the 'challenged' box and I am also a mother. Over the last 5 years I have had a particular interest in neurodiversity and the things that make us all so wildly and beautifully different and how that adapts and influences the traditional working framework we are all expected to adhere to.

I also lead various research focus groups based on the FEELS of people in the workforce and I lead a human animal bond research project that looks at the emotional side of the bond connection as opposed to a clinical perspective and with that, I look at our human animal history through our timelines and what that speaks of in a way that clinical research cannot discover so, a lot of spiritual connections, mythological research and emotional findings that tell tales of our relationship with the natural world in ways that often aren't highlighted enough

Although I am a psychologist, my major has been in philosophy and I always like to look at things from different PERSPECTIVES that can offer people an alternative viewpoint on whatever circumstance or situation they are dealing with so that they can see things from another point of view

THE POINT OF VIEW, as we have been learning in art throughout our year 8 'ONE POINT PERSPECTIVE' art classes shows us that the one point is singular but the outcomes are infinite and are forever subject to change and expansion. I will speak more about this throughout every single topic we cover and through our weekly MONOLOGUE CHATS over on the 'hello from the other side' podcast as although we have various different projects or topics we cover, they ALL come back to the same thing and that one thing that is the single predominant purpose of our entire reason for being here is PERSPECTIVE!

If you're interested in joining in with any of our WORK/LIFE BALANCE focus groups or other participant channels, whether it be as a work force collective or on a one to one basis then please head over to [FOCUS GROUPS](#), which are our HR lead survey centre or if you're interested in our monthly PERSPECTIVES PUBLICATION that is the centre point of our project platform via research, discussion, opinion and debate then please head [HERE](#)

If you are a company interested in group HR consultations or support then you can look at our available projects and how you can get all your team involved. It is far cheaper than employing an in

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house HR division or it is a great alternative to include in your current HR team especially if you are looking at supporting your employees in terms of work / life balance integration or personal support for those you think could benefit from some extra guidance

We are so proud of our focus group development and are pleased to say that our involvement and dedication to ensuring that people's feelings are at front focus has been met with great success both for them and the places they work in

So follow along with us as we ask some deep questions, get people looking at things from other perspectives and offer them insights and solutions to how they can better their work and personal lives in times of fast and furious unknown. Don't forget, you can always find your way home. The single point is always just another road away. We just need to readjust our maps and hold hands to guide each other back to safer streets and you know....Have fun along the way!